PODCAST
UFO
Martin | Podcast UFO

1
00:00:12,230 --> 00:00:09,430
all right i'm in newport beach

2
00:00:14,390 --> 00:00:12,240
with yvonne smith hi yvonne hi martin

3
00:00:16,470 --> 00:00:14,400
thank you for having me on yeah nice to

4
00:00:18,550 --> 00:00:16,480
see you as always thank you can you

5
00:00:21,910 --> 00:00:18,560
explain what you're doing out here

6
00:00:24,870 --> 00:00:21,920
well i just finished two days of

7
00:00:27,910 --> 00:00:24,880
abduction therapist training

8
00:00:29,750 --> 00:00:27,920
that i this is this is was one of my

9
00:00:32,310 --> 00:00:29,760
main goals i was trying to do this for

10
00:00:34,790 --> 00:00:32,320
four years and finally it happened this

11
00:00:37,830 --> 00:00:34,800
weekend and i had therapists coming in

12
00:00:40,790 --> 00:00:37,840
from massachusetts from new mexico

13
00:00:44,229 --> 00:00:40,800

new york and minnesota and my goal is to

14
00:00:46,549 --> 00:00:44,239
have a trained abduction therapist in

15
00:00:49,670 --> 00:00:46,559
all 50 states because it's very needed

16
00:00:51,350 --> 00:00:49,680
now now what is what is the criteria of

17
00:00:54,229 --> 00:00:51,360
the people that you will accept in your

18
00:00:55,990 --> 00:00:54,239
training they must already be certified

19
00:00:58,150 --> 00:00:56,000
in hypnotherapy so they must be a

20
00:00:59,189 --> 00:00:58,160
certified hypnotherapist because i'm not

21
00:01:01,590 --> 00:00:59,199
teaching

22
00:01:04,390 --> 00:01:01,600
the mechanics of hypnosis

23
00:01:06,870 --> 00:01:04,400
and these are therapists who have a

24
00:01:08,789 --> 00:01:06,880
practice a functioning practice and they

25
00:01:10,630 --> 00:01:08,799
want to just bring in

26
00:01:12,390 --> 00:01:10,640
abduction cases but they're very

27
00:01:13,350 --> 00:01:12,400
interested in they know there's a need

28
00:01:16,469 --> 00:01:13,360
for it

29
00:01:18,149 --> 00:01:16,479
so um i'm just teaching them from

30
00:01:20,230 --> 00:01:18,159
you know from their

31
00:01:21,749 --> 00:01:20,240
what they're normally practicing

32
00:01:24,070 --> 00:01:21,759
where you're using

33
00:01:24,870 --> 00:01:24,080
hypnotic regression

34
00:01:27,590 --> 00:01:24,880
and

35
00:01:28,789 --> 00:01:27,600
going through case studies i did four

36
00:01:31,429 --> 00:01:28,799
live

37
00:01:33,510 --> 00:01:31,439
uh regressions with four actual

38
00:01:35,109 --> 00:01:33,520

abductees this weekend

39
00:01:37,510 --> 00:01:35,119
so they could see

40
00:01:41,030 --> 00:01:37,520
what happens during an actual regression

41
00:01:43,590 --> 00:01:41,040
and what i do every day right well

42
00:01:45,910 --> 00:01:43,600
what is what in your opinion what's the

43
00:01:47,670 --> 00:01:45,920
most important thing that you're

44
00:01:49,510 --> 00:01:47,680
teaching

45
00:01:53,109 --> 00:01:49,520
well the most important thing first and

46
00:01:56,149 --> 00:01:53,119
foremost is to help the individual

47
00:01:58,709 --> 00:01:56,159
relieve them from ptsd post-traumatic

48
00:02:01,429 --> 00:01:58,719
stress disorder because when they trust

49
00:02:04,789 --> 00:02:01,439
anyone any one of us we suffer a trauma

50
00:02:06,950 --> 00:02:04,799
we will have ptsd symptoms they're not

51
00:02:08,949 --> 00:02:06,960
able to function it's interfering with

52
00:02:11,190 --> 00:02:08,959
their everyday life you know we have to

53
00:02:12,070 --> 00:02:11,200
go to work we have to pay bills

54
00:02:14,550 --> 00:02:12,080
and

55
00:02:17,350 --> 00:02:14,560
we get them put them in regression to

56
00:02:19,750 --> 00:02:17,360
bring up the buried memories

57
00:02:22,949 --> 00:02:19,760
whatever is buried in there

58
00:02:25,990 --> 00:02:22,959
of their uh ufo sighting or their

59
00:02:28,070 --> 00:02:26,000
missing time and as we bring it forward

60
00:02:30,550 --> 00:02:28,080
to a conscious level

61
00:02:32,309 --> 00:02:30,560
then they're able to deal with you know

62
00:02:34,710 --> 00:02:32,319
intellectually okay

63
00:02:36,869 --> 00:02:34,720

this happened to me but i came back and

64
00:02:39,190 --> 00:02:36,879
i'm all right and

65
00:02:41,750 --> 00:02:39,200
there we teach them how to integrate it

66
00:02:44,229 --> 00:02:41,760
into their lives that's why i created my

67
00:02:45,750 --> 00:02:44,239
support group close encounter resource

68
00:02:48,830 --> 00:02:45,760
organization

69
00:02:52,550 --> 00:02:48,840
where we meet every month so i'm hoping

70
00:02:54,949 --> 00:02:52,560
that my new therapist will also start

71
00:02:56,949 --> 00:02:54,959
support groups around the country

72
00:02:59,350 --> 00:02:56,959
excellent well thank you so much thank

73
00:03:01,090 --> 00:02:59,360
you martin very much always nice talking

74
00:03:06,390 --> 00:03:01,100
to you thank you